

Version 07 July 2009

Dance Instructions for the Bush Music Club's 29th Subscription Ball Maitland Town Hall, 7.00pm Saturday 22nd August 2009

The dances here are a selection of old favourites and one or two which will be new to most. Those unfamiliar with these dances are strongly advised to attend dance practices in Newcastle or Sydney if possible as the instructions here are given to remind dancers of the dance rather than for teaching purposes. At the Ball dances will be recapped and called (except Queen of Sheba) but not walked through.

Dances (in alphabetical order):

Australian Ladies	Lord Caernarfon's Jig
Corofin Plain Set	Love 'em and Leave 'em
Double Sir Roger de Coverley	Margaret's Waltz
Duke of Kent's Waltz	Maxina
Eightsome Reel	Merry Widow Waltz
Evening Three-Step	Parma Waltz
Federation Waltz	Prince of Wales Schottische
The First Set (The Quadrille)	Queen of Sheba
Gypsy Tap	Sweets of May
Hunsdon House	Swing Waltz
Jacaranda Dance	Victory Waltz
Janet's Delight	Walpole Cottage
La Russe Quadrille	Abbreviations and Terminology

These instructions have been compiled from various sources, including instructions for the previous Subscription and Heritage Balls. Generally, existing instructions have been re-worded for brevity and to introduce a (fairly) common terminology and writing style (to suit dancers most accustomed to Colonial and Bush dancing).

Australian Ladies

Bob Campbell, Ontario Canada, 1967. In honour of four Scottish dancers of Newcastle: Jean Conway, Elma See, Lorraine Dyall and Margaret Gray

Formation: Longways set for 4 Couples (3 Couples active)

Music: Reels 32B repeat

- 4B 1st Couple crosses over by right hand and casts off two places (2nd & 3rd Couples step up on bars 3&4)
- 4B 1st and 3rd Couples right hands across once around (RH Star)
- 4B 1st Couple leads up the set R hand in R, crosses over to own sides and casts into 2nd places (3rd Couples stepping down)
- 4B 1st and 2nd Couples left hands across (LH Star)
- 16B 1st Couple crosses over by right hand and casts around their 'first corner' to the right (clockwise) to face each other up and down the set (Lady between 2nd Couple facing down and Gent between 3rd Couple facing up) - meanwhile 2nd and 3rd Couples set once and change places with partners by R hand across the set 4B. 1st Couple repeats the 'pattern' for a further 3 loops to finish in 2nd place meanwhile the other two couples repeat that 4B three times by setting and changing places along the line, across the set and along the line to finish in places 1 and 3.
- 32B Original 1st Couple repeats the dance from this position if in a 4 couple set
Repeat for the other couples

Corofin Plain Set

From Corofin in County Clare. This Irish Set dance is one of several which are variants of the First Set.

Formation and Steps: Quadrille Set with 1st Sides on the left of 1st Tops. The figures danced to Reels have smooth, flat, flowing steps. The Jig figures use the 'down' Jig step (as for Irish polka). Swings in ballroom hold.

Fig 1 Reels, 112 bars including 8 bar introduction

- 8B a) All "Lead Around": Lead around (front promenade hold) & Gents turn Lady under (RH) to place
- 8B b) All "Dance around and Swing": Dance around partner for 4B (i.e. gypsy) & swing for 4B
- 8B c) Tops "Crossovers": Ladies cross R shoulders, Gents cross L shoulders, Ladies cross back, Gents cross back
- 8B d) Tops "Ladies' chain": RH to each other, L elbow to elbow with opp. Gents, RH in the centre (**no turn with partner**)
- 8B e) Tops dance around and swing
- 8B f) Tops crossovers
- 8B g) All dance around and swing
- 32B h) Sides repeat c) to f)
- 8B i) All dance around and swing
- 8B j) All around the house

Fig 2 Jigs, 104 bars including 8 bar intro.

- 8B a) All lead around
- 8B b) All dance around and swing
- 16B c) Tops advance and retire once, R hand in R, 4B. Couples change places (on the right) i.e. moving anticlockwise - Ladies turn 1½ times clockwise under their partner's R arm as they cross 4B. Repeat to places 8B.
- 48B d) Sides repeat c), Tops repeat c), Sides repeat c)
- 8B e) All dance around and swing
- 8B f) All around the house

Fig 3 Reels, 176 bars including intro.

- 8B a) All lead around.
- 8B b) All dance around and swing
- 8B c) Top Gent and opposite Lady dance around and swing in the centre of the set, finishing facing their own positions,
- 8B d) and continue dancing around releasing Lady's LH and Gent's RH: take nearer hand with partner 2B. All four proceed **slowly** in a C shape in an anticlockwise direction (led by the Lady at the end of the line) to the opposite (couples') positions 6B.
- 8B e) Top Gent and opposite Lady advance and retire twice and acknowledge
- 8B f) Top couples advance and retire (in ballroom hold moving diagonally right and back 4B) and half house to places 4B
- 32B g) Repeat c) to f) with second top Gent and opposite Lady leading.
- 8B h) All dance around partners and swing
- 64B i) Sides repeat c) to f)
- 8B j) All dance around and swing
- 8B k) All around the house

Fig 4 Jigs, 240 bars including intro.

- 8B a) All lead around
- 8B b) All dance around and swing

Version 07 July 2009

- 8B c) Top Ladies chain
- 8B d) Tops dance around and swing
- 8B e) 1st Top couple house inside leaving top Lady on the left of 2nd top Gent who takes both Ladies' outside hands
- 8B f) Line of three advances while top Gent retires to place, Line of three retires and re-advances, 2nd top Gent turns Ladies (by pulling their hands towards him) across to 1st top Gent to form a new line of three with him.
- 8B g) Repeat movements of f) but finishing by forming a basket in the centre (all four have left arm over adjacent person holding right wrist of opposite person).
- 8B h) Basket and return to places.
- 48B i) Repeat c) to h) with 2nd Tops leading
- 8B j) All dance around and swing
- 96B k) Sides repeat c) to i)
- 8B l) All dance around and swing
- 8B m) All around the house

Note: there are two further figures which will not be danced on this occasion.

Double Sir Roger de Coverley

Formation: Longways set, 4 Couples in a line facing another 4 couples (lady on man's right)

Music: 48 bars/32 bars/16 bars triple jig/double jig/march -- 4 times through

Part A - danced diagonally, top couple on one side with last couple on other side. Top lady (and partner) dance diagonally first with diag opp couple, then top man (and partner) with diag opp couple.

- 4B Advance, honour & retire (L1M1-a with M4L4-b)
- 4B Advance, honour & retire (M1L1-b with L4M4-a)
- 4B Right hand turn (L1-a with M4-b, M1-a with L4-b)
- 4B Right hand turn (M1-b with L4-a, L1-b with M4-a)
- 4B Left hand turn (L1-a with M4-b, M1-a with L4-b)
- 4B Left hand turn (M1-b with L4-a, L1-b with M4-a)
- 4B 2 hand turn (L1-a with M4-b, M1-a with L4-b)
- 4B 2 hand turn (M1-b with L4-a, L1-b with M4-a)
- 4B Do-si-do right shoulder (L1-a with M4-b, M1-a with L4-b)
- 4B Do-si-do right shoulder (M1-b with L4-a, L1-b with M4-a)
- 8B Top couples Lead Down the centre, turn as a couple and lead back (lady on right of partner), finish in line between next top person (e.g. line of 6 across top of set) with active couples facing partner.

Gents' Line		Ladies' Line
M1 b		L1 a
L1 b		M1 a
M2 b		L2 a
L2 b		M2 a
M3 b		L3 a
L3 b		M3 a
M4 b		L4 a
L4 b		M4 a

Part B – danced as a weaving chain down the set

Top couple dance with partner, opposite person in other top couple and with opposite gender in own line.

- 4B Top couples give RH to partner, chain past, then turn LH with next person, finish facing partner,
- 4B Top couples continue RH chain past partner, then turn LH with next person, finish facing partner,
- 16B Continue weaving chain to bottom of set
- 8B then line of 4 (top couples) lead back to top of set

Part C

- 16B Top couples cast down the outside and form an arch at bottom of own line other couples follow and pass through arch to reform set.

Repeat 3 times

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Version 07 July 2009

Duke of Kent's Waltz

1799. Different versions exist.

Formation: Duple-minor longways set, couples numbered 1 and 2. Couples retain their numbering until they reach the top or bottom of the set. They stand out for the first 16 bars of the next repeat.

Music: Own tune, 32B waltz

- 8B Couples 1 and 2: Right hand star, left hand star
- 4B Couple 1: take 2 hand hold with partner & dance two slow chassé steps down the centre & back
- 4B Couple 1 casts down to 2nd place, while couple 2 meets, leads up briefly & curls out to first place
- 4B All take R hand with partner: balance forward and back and turn lady under, changing places
- 4B All take L hand with partner: balance forward and back and turn lady under, changing places
- 4B All right hand turn person on right diagonal once around
- 4B All left hand turn partner once around

Eightsome Reel

c1870 This danced is said to have been written by the Earl of Dunmore and friends from their recollections of "round reels"

Formation: Quadrille Set, 4 couples Numbering: Clockwise 1-2-3-4:

Music: Scottish Reels 40 + 8x48 + 40 bars.

Part A THE OPENING (40 bars)

- 8B All join hands, circle left. All circle right.
- 4B Grand Cross (couples with nearer hands joined), Ladies join R hands.
- 4B Grand Cross, Gents join LH.
- 8B Set twice and turn partner with open 2 hand turn
- 16B Grand chain right round set.

Part B THE BODY (8x48 bars)

- 1st Lady advance to centre, Others join hands in circle
- 8B Circle left and right
- 4B Set and Turn partner: 1st Lady sets once to partner, then 2 hand turn once with partner
- 4B Set and Turn opposite: 1st Lady sets once to opposite man then 2 hand turn once
- 8B Reel of 3: 1st Lady, partner and opposite Gent. 1st Lady remains in centre.
- 8B Circle left and right
- 8B Set and turn side man: 1st Lady and Gent on right (4th Gent). Set and turn other side Gent
- 8B Reel of 3: 1st Lady and two side Gents.
- 144B 2nd, 3rd and 4th Ladies repeat.
- 192B Gents repeat same movement.

Part C THE FINALE (40 bars)

- 8B All circle left and right.
- 8B Grand cross - Ladies join RH. Then Grand Cross - Gents join LH.
- 8B All set twice and turn partners.
- 8B Grand Chain round set.
- 8B Swing partners

Version 07 July 2009

Evening Three-Step

Probably a variant of the 1904 dance 'Eva Three-step'.

Formation: Couples dance. Both face down line of dance, nearer hands joined, Start outside foot:

Music: 6/8. 16 bar repeat dance.

- 2B 3 steps forward & point inside foot
- 2B the Gent pulls the Lady across in front of him (both turning), they take nearer hands and both lean out, pointing inside foot
- 2B the Gent pulls the Lady back in front of him to original sides and they point
- 2B 3 steps backwards & close
- 2B Retaining joined hands: chassé along LOD facing each other, chassé along LOD back to back
- 2B 2 slow slide steps facing
- 4B Ballroom hold - rotary chassé

Federation Waltz

Karenne Kenny, 2001

Formation: circle of 6 couples, ladies on partners right

Numbering: 1-6 anticlockwise around set, Tops=1,3,5 Sides=2,4,6

Music: Waltz, 8 bar intro, 3*96 bars plus 8 bar coda

- 8B **Introduction**, honour partner and corner gracefully
- 14B Top couples waltz the set once around
- 2B Turn lady into place and bow/curtsey
- 16B Side couples waltz the set once around, finishing with bow and curtsey. Top Gents step in and face partners on last 2 bars.
- 4B Slip step arches: 4 slip steps sideways. Side couples make 2 hand arch and move clockwise. Top couples join hands and move anticlockwise under arches
- 4B Waltz to place with Tops on inside, sides on outside
- 8B Slip step arches in opposite direction and waltz to place
- 8B Top couples RH star and LH star. Gents lead partners by RH into centre to make star
- 8B Side couples RH star and LH star
- 16B Top ladies chain 4 times with top Gents to reach new partner
- 16B Side ladies chain 4 times with side Gents to reach new partner
- 2*96B repeat twice to return to original partner

Coda

- 4B Promenade (lower promenade hold)
- 4B Ladies turn out into a deep bow/curtsey

Version 07 July 2009

The First Set (The Quadrille)

c1815. Version similar to Professor J. H. Christison's but closer to Shirley Andrews'

Formation: Quadrille set: 1s face 2s, 3s on the right of 1s facing 4s

Fig 1 (Le Pantalon) 2x32B

- 8B Top couples: Rights & Lefts (no hands),
- 8B Balance set and turn partners (two hands),
- 8B Top Ladies' chain,
- 8B Top couples promenade to opposite places, Half Rights & Lefts to place.
- 32B Repeat with Side couples

Fig 2 (L' Étè) 4x24B

- 8B Top couples: advance & retire, Cross over (without changing sides and turn in),
- 8B Adv, ret and cross back,
- 8B Balance set and turn partners.
- 72B Sides repeat 24B, Tops then Sides repeat

Fig 3 (La Poule) 4x32B

- 4B 1st Lady and opp. Gent - adv touch R hand, retire to opposite place,
- 4B Adv again, join L hand give R hand to partner,
- 4B Line of 4 balance fwd & back x2,
- 4B Turn towards partner & promenade to opp. places,
- 4B 1st Lady and opp. Gent adv & ret,
- 4B Adv, honour & ret,
- 4B Top couples adv & ret,
- 4B Half Rs & Ls to place.
- 96B Repeat with 2nd, 3rd then 4th Ladies leading

Fig 4 (La Pastorale) 4x32B

- 4B 1st couple adv & ret,
- 4B Re-advance , 1st Lady join opposite couple,
- 4B Line of 3 adv & ret, lead Gent retire,
- 4B Line of 3 adv, Ladies cross (turning) to lead Gent,
- 4B Line of 3 adv & ret, opposite Gent retire,
- 4B Tops adv & form circle (Ladies turning),
- 8B Circle left half way and retire to opp. places, Tops half Rs & Ls to place.
- 32B Repeat with 2nd couple leading
- 64B Repeat with Sides (3rd then 4th couples)

Fig 5 (La Finale) 4x32B+16B coda

- 8B All adv & retire in a circle, Turn partners (two hands),
- 8B All Ladies adv, curtsy & retire, Gentlemen adv, bow & retire,
- 8B All balance set and turn corners,
- 8B Promenade to Gentlemen's places.
- 96B Repeat 3 times to return to place

The Quadrille Coda 16B

- 8B All adv & retire in a circle, All turn partners,
- 8B Promenade the set.

Version 07 July 2009

Gypsy Tap

Professor Bollett

Formation: Couples dance, ballroom hold, man facing out

Music: 32B jigs

- 4B Side together, side together along LOD. 2 Walking steps facing LOD, Side together along LOD
- 4B Repeat last 4 bars
- 8B Repeat last 8 bars against LOD
- 2B Facing LOD, nearer hands joined, outside feet, slow step and tap and repeat
- 2B Each walk a small circle turning away from partner with 4 steps and re-face LOD
- 4B Repeat last 4 bars
- 4B Open ballroom hold "Barn dance" forward, 2, 3, kick, back, 2,3, close
- 4B Rotary chassé

Hunsdon House

Formation: Quadrille Set, Tops and Sides. Walking steps

Music: Own tune [Playford, 3rd Ed'n 1665] (8 +32) bars x3 times

- 8B All: Grand Square (Tops in while Sides face & back away, etc)
- 4B Tops: Advance + Turn single
- 2B Top Gents: pass each other by L shoulder to other Gent's original place
- 2B Top Ladies: pass by R shoulder to other Lady's original place
- 8B x3 Sides: Repeat then Tops: Repeat then Sides: Repeat

- 8B All: Grand Square
- 8B Tops: Advance + Turn single half way to form a back ring + Circle clockwise half way + Turning towards partner, fall back to opposite place
- 8B x3 Sides: Repeat then Tops: Repeat then Sides: Repeat

- 8B All: Grand Square
- 8B Tops: Advance + Honour Partner & face across + Half rights & lefts (taking hands) to opp. place
- 8B Sides: Repeat
- 8B Tops: Advance + Step right & honour Opposite & face Partner + Half rights & lefts to opp. place
- 8B Sides: Repeat

Jacaranda Dance

Mrs Leith Charleston, Grafton, c1946

Music: 4/4. Tune: Jacaranda Dance also composed by Mrs Charleston, 1939. 16 bar repeat dance.

Formation: Circle, Ladies on right of partner, all facing centre. This dance has a double progression.

- 4B All join hands to form a circle. All advance & retire with 4 walking steps in then out. All Circle Left
- 4B All advance and retire. All Circle Right
- 2B Face partner, set once. All turn single once around
- 2B Two Hand turn with partner once around. Progress past partner to next person
- 4B Repeat Set once, turn single, two hand turn and progress. Finish facing centre of circle.
- 16B Repeat as required

Version 07 July 2009

Janet's Delight

Mrs Douglas Winchester (Maidie Logie Robertson), 1952

Formation: Quadrille set

Music: Scottish Waltzes (2x96 bars)

- 8B With hands joined, all advance two steps and retire two steps, then back to back with partners by right shoulders
- 8B All advance and retire, then back to back with corners by left shoulders
- 16B Repeat
- 16B All four ladies R hands across in a wheel for 2 steps then turn with man on L by L hand and repeat 3 more times to places
- 16B With partner in front promenade hold, promenade the set: dance two steps around anticlockwise and two steps with man crossing over (clockwise) in front of the lady. The couples are now in the next position around the set. Repeat 3 times to places, with the ladies crossing in front of the Gents alternately.
- 16B Circle Waltz: All join hands in a circle and balance forward and back, then the four ladies dance across the man on their right to his partner's place and rejoin the circle. Repeat 3 times.
- 16B Waltz the set, bow and curtsey
Repeat 96 bars

La Russe Quadrille

c1840

Formation: Quadrille, numbering anticlockwise around the set

Music: 4 x 64B Reels

- 4B All change places with partner, Gents casting behind the ladies, ladies move to left, all face corner and set once
- 4B Swing with long arm hold
- 8B Return to partner and set once and Swing
- 8B 1st Couple swings
- 8B 1st Couple visits the set anticlockwise
- "Flying Arches":**
The order of arches is - lead couple make arch, then anticlockwise around the circle (i.e. on original right)
- 4B Couple 1 arches over Couple 3. Couple 2 arches over Couple 4
- 4B Couple 3 arches over Couple 1. Couple 4 arches over Couple 2
- 8B Repeat arches
- 8B Circle left 16 slip steps
- 8B Promenade to places
64 bar repeat with couples 2, 3 and 4 leading

Version 07 July 2009

Lord Caernarfon's Jig

Formation: Longways set, 4 couples. Start with all couples facing the top of the set, inner hands joined.

Music: Reel 32 bars x 4.

Step: is walking except for the weaving & casting which is a 1-2-3-hop step

Note: This version is from The Welsh Folk Dancing Society.

- 8B *Up-A-Double & Back* : All advance 4 steps UP the set (walking step) and retire. REPEAT (Note: DOWN the set 2nd & 4th times through the dance)
- 8B *Gypsy Partner* : All gypsy partner by right shoulder (linking nearer little fingers i.e. "Pinkies" is optional) & by left shoulder (1st & 4th times. All back-to-back by right & then left shoulders 2nd & 3rd times). Finish facing partner across the set.
- 8B *Tops pass & weave to the bottom* : Top couple pass by right shoulder and cast around the 2nd couple who move up by stepping in, up, back and close (bars 3 & 4). Tops then pass by left shoulder and cast around the 3rd couple who move up (bars 5 & 6). Tops join inner hands and walk between 4th couple to bottom place while 4th couple casts out and up (bars 7 & 8). All face down the set.
- 8B *Leading Couple cast & Invert the lines*: The leading couple cast off (each on their own side) and up the set to turn the line of 4 end to end. Finish facing partner across the set.
All 2H turn partner 1½ turns: The lines of four advance & open two hand turn partner for one & a half turns Gents finish on ladies' side of the set & ladies on the Gents's side all facing down the set
- 32B Repeat the dance but starting by advance and retire DOWN the set. i.e. "Down a double & back". All back-to-back by right and then left shoulders (2nd & 3rd times). Etc. as above
- 64B Repeat twice more: Third time through is UP a double with back to back. Fourth time through is DOWN a double with gypsy partner.

Love 'em and Leave 'em

Noreen Grunseit, 1983, winner of the 1983 BMC dance competition (Dancers' Dance section)

Formation: 4 couple square set (Tops and Sides). Progressive dance.

Music: Duke of Atholl's Reel or suitable 32B jigs

Steps: Walk and skip except where a particular step is given

- 4B Top couples advance for 4 (walking steps) & retire for 4 while Side couples promenade around the set anticlockwise to opposite places (all in lower promenade hold)
- 4B Top couples around while Side couples advance & retire
- 8B Repeat all that to places
- 8B Top couples meet (advance to centre) 2B and taking opposite person in ballroom hold, side slip out between side couples 2B, then polka anticlockwise to the Gent's positions 4B, meanwhile the side couples take side steps out and back to make way for the dancing couples coming through
- 8B Side couples repeat
- 8B Top couples advance for 4 (walking steps), take hands in a circle, circle left 3 places (6 walking steps), Gents take the Lady on the left (own partner) in two hand open hold and swing to place
- 8B Side couples repeat
- 8B Top couples half Ladies' chain 4B, Side couples half Ladies' chain 4B
- 8B Ladies turn one quarter to face anticlockwise around the set and Gents cast off and skip anticlockwise around the set, taking nearer hands with the next Lady and dance to the Gent's place. (At the end the Ladies cross to the R side of their new partner)
- 3*64B Repeat to finish with original partner

Version 07 July 2009

Margaret's Waltz

Pat Shaw, 1959. Composed for Margaret Grant on her retirement in 1959 as EFDSS representative in Devon

Formation: Sicilian circle, couple facing couple around the room - take inside hands with partner

Music: Waltz Tunes: Margaret's Waltz and Farewell to Devon also composed by Shaw. 32 bar repeat.

- 4B Waltz two steps forward to opposite couple and two back.
- 4B Right hand turn (shake-hand hold) with opposite person
- 4B Left hand turn with partner
- 4B Ladies' chain half way (using 'Colonial' hold when turning as a couple)
- 4B With opposite (keeping the same hold): two chassé steps diagonally right and then two diagonally left (couples finishing back to back)
- 4B All turn right into a right hands across (R H star) with the couple behind, back to original places
- 4B All back to back ('do-si-do') with opposite
- 4B With partner waltz on to meet new couple.

Maxina

Formation: Couples dance - start in upper promenade hold, facing LOD

Music: 4/4 - 24 bar repeat. Start each movement on the left foot:

- 2B Four slow steps forward (LRLR)
- 2B Chassé L then R (step/together/step, step/together/step)
- 1B Two slow steps forward LR, turning clockwise on R halfway around to face against LOD
- 1B Four steps backwards LRLR along LOD
- 1B Two slow steps forward LR, turning anticlockwise on R halfway around to face LOD
- 1B Four steps backwards LRLR against LOD
- 4B Grapevine, start L forward, R together, L back, R together and repeat three times
- 2B Crossover steps: 2 slow steps L, R forward; 4 quick steps, cross L over R, then R, L, R backwds.
- 2B repeat crossover steps
- 2B Slow L, R forward and lady turns R right L, R, L to face partner (man L, R)
- 6B Rotary chassé..

Merry Widow Waltz

Source: Daryl Powell. The dance probably dates from the very early 1900s.

Formation: Couples in Upper Promenade Hold, facing LOD (maintain this hold until the casting out)

Music: Waltz. Tunes: Merry Widow Waltz. 32 bar repeat dance.

- 2B Two slow steps fwd starting Left foot
- 2B Diagonal chassé step to the left, i.e. step L, close R, step L (Slow-Quick-Slow)
- 2B With weight on left foot, point right foot forward then diag. right
- 2B Close with right foot beside left, then bend knees to "dip"
- 2B Starting left foot, two slow steps backwards
- 2B Backwards - step L, close R, step L (SQS)
- 2B Rock fwd onto right foot and back onto left foot
- 2B Step fwd onto R foot & turn to face out from centre, close with L foot. (Gent behind the Lady)
- 4B 2 chassé steps to left and then to right, finish facing forward around LOD
- 4B 3 small steps (casting out) away from partner, finish facing partner. Bow/Curtsey to partner.
- 8B Waltz with partner

Version 07 July 2009

Parma Waltz

Formation: Couples dance, starting in upper promenade hold

Music: 32 bar waltzes

- 4B Introduction
- 2B Both start Left foot, 2 steps forward along LOD, turning half way around on right foot turn to face against LOD
- 2B 1 chassé step backwards (i.e. LRL).
- 2B Starting right foot 2 steps forward (against LOD) turning to face LOD
- 2B 1 chassé step backwards (RLR)
- 4B 4 slow steps forward
- 2B Chassé diagonally to left
- 2B Chassé diagonally to right
- 4B Chassé to left and right again
- 4B 2 steps forward in LOD, ladies turn out from partner, take ballroom hold
- 8B Waltz 4 turns with partner

Prince of Wales Schottische

Formation: Couples in a large circle, ballroom hold

Music: 12 bar repeat

Slow Section – Gents facing line of dance, Ladies facing against line of dance

- 2B 4 slow chassé steps towards the centre
- 2B 4 slow chassé steps back out
- 2B 2 slow chassé steps in and 2 out
- 2B 4 Rotary chassé
- 4B Repeat last 4 bars
- 12B Repeat all of the above

Fast section – Still in ballroom hold, Gents facing out, Ladies facing in

- 2B 7 galop steps along LOD and close
- 2B 7 galop steps against LOD and close
- 2B 2 slow chassé steps along LOD and 2 against LOD
- 2B 4 Rotary chassé
- 4B Repeat last 4 bars
- 12B rpt Repeat last 12 bars as required

Version 07 July 2009

Queen of Sheba

Formation: Longways set of 4 Couples, 1s & 3s improper. Walking dance in Playford style.

Music: Handel's 'Arrival of the Queen of Sheba' 96-bar

- 8B Up a double & back (taking hands with partners RLR together, RLR together) 4B, Gypsy partner (Right shoulder) 4B
- 8B Down a double & back, Gypsy partner (Left shoulder)
- 4B RH stars (top 2 couples and bottom 2 couples)
- 4B Middle 4 LH star while Ends "promenade" to other end: 1st Lady follows 1st Gent to couple 4's places (proper) while 4th Lady follows 4th Gent to 1st couple's place (improper), all walking clockwise
- 8B Repeat Stars & Promenade: Finish with Gents facing out of the set
- 8B Forward a double & back (all individually) with Ladies following Gents, Gypsy neighbour on right (Right shoulder)
- 8B All turn and Ladies face out: Forward a double & back with Gents following Ladies, Gypsy same neighbour (Left shoulder)
- 2B End couples (1s+4s): $\frac{3}{4}$ RH turn, Ladies take hands and form arches with their partners (up and down the set)
- 4B 2s and 3s walk clockwise under the arches to places
- 2B Ends: $\frac{1}{4}$ RH turn to places
- 2B Lady 2 with Gent 3, Lady 3 with Gent 2: $\frac{3}{4}$ RH turn, Ladies take hands and form arches with partners across set
- 4B Ends: walk clockwise under arches
- 2B 2s and 3s: $\frac{1}{4}$ RH turn to places
- 8B 1s and 4s face away from the set, Lady 2 faces out with Gent 3, Lady 3 faces out with Gent 2: "Bomb-burst" - Forward a double & back, Gypsy this partner (R shoulder)
- 8B Repeat: Forward a double & back, Gypsy (left shoulder)
- 6B Partial Hey (i.e. R shoulder reel of 4) on both lines starting: ends facing in, middles standing back to back. Walk $\frac{1}{2}$ the hey 4B, then one more position 2B: original ends finish in the middle position that was initially furthest from them and original middles finish at the end that was initially behind them.
- 2B All 2-hand turn partner $\frac{1}{2}$ way into the other line and immediately turn to start another partial hey (as above)
- 8B Repeat: Partial Hey on both lines 6B and 2-hand turn partner $\frac{1}{2}$ way 2B to original positions

Version 07 July 2009

Sweets of May

Irish Ceili dance revived by Nan Quinn, County Armagh c1930. (The Thread the Needle figure is added)

Formation: Quadrille - tops and sides

Music: Own tune, Jigs.

Part A - Rings 16B

8B Circle left (7s and 3s). Circle right.

8B Circle right. Circle left

Part B - Body 32B

4B Tops cross on R side, sides cross while tops dance two 3s in place (set)

4B Tops cross back while sides dance 3s, sides cross while tops dance 3s

4B Tops advance while sides dance 3s, Tops retire while sides advance

4B Tops advance while sides retire, Tops retire

4B Clapping sequence 'ring the bells'

4B Sidestep 7 and 3s to corner, ladies in front of partner

8B Repeat clapping then sidestep back, ladies behind partners

Part C - Lead Around 16B

16B Couples lead anticlockwise around circle, reverse and lead back

Part D - Body 32B

Part E - See-Saw 16B

8B Couples progress around the circle anticlockwise while turning clockwise

8B Reverse to places

Part F - Body 32B

Part G - Sides under Arms 16B

8B Tops arch to their right over sides and return under

8B Tops arch to their left over sides and return under

Part H - Body 32B

Part I - Thread the needle 16B

8B All join hands in circle except top man and his corner lady (on left), who leads whole set under arch made by 1st Tops to places anticlockwise

8B Repeat with 1st man leading the set clockwise under arch made by side couple on left

Part J - Body 32B

Part K - Rings 16B

Version 07 July 2009

Swing Waltz

Formation: Couples, start inside hand hold & start outside foot, both facing anticlockwise

Music: 32 bar waltz

This couples dance is best taught by demonstration. The instructions given here are a guide only.

- 4B Advance 3 steps & raise inside foot. Retire 3 steps (stepping back on inside foot) & face partner
- 2B Waltz solo turn – finish 2-hand hold with Partner
- 2B Chassé 2 steps sideways along LOD (step close, step close).
- 2B Chassé 2 steps back against line of dance – finish facing LOD holding nearer hands
- 2B Step apart 1 waltz step (keeping hands joined) + Change places (Lady turns under Gent's right arm) – finish facing against LOD
- 2B Repeat step away & change places – finish facing along LOD
- 2B Step away & back – Finish facing Partner & take 2-hand hold
- 2B Step kick through + Step kick back
- 2B Turn to be back to back & sway in LOD, keeping nearer hands joined.
- 2B Sway backwards then forwards turning to face Partner & taking 2-hand hold.
- 2B Step kick through + Step kick back
- 2B Lady turn under Gent's left arm progressing along line of dance
- 2B Lady turn back (under Gent's left arm) dancing back against line of dance
- 4B Waltz on

Victory Waltz

Probably originates from the end of World War II, 1945. Different versions exist, particularly with the timing of the chassé and turn, and these are compatible on the dance floor as couples are travelling in the same direction.

Formation: Couples in upper promenade hold facing LOD

Music: 32 bar waltz

- 2B Step fwd on left foot, swing right foot forward and then back beside left calf while pivoting clockwise halfway round on left foot to face against LOD
- 2B Chassé backwards starting right foot, finish with weight on right foot
- 2B Starting left foot 2 slow steps forward against LOD
- 2B Turning Chassé (L-RL) anti-clockwise to face LOD again and close R
- 8B Repeat last 8 bars
Facing LOD:
- 2B Using left foot, step forward diagonally across to right, while swinging right foot through forward diagonally R and back, step R behind, small step L to the L side
- 2B Using right foot, step forward diagonally across to left, while swinging left foot through forward diagonally L and back, step L behind, small step R to the R side
- 4B Repeat last 4 bars
- 4B Walk two slow steps forward L, R, ladies turn out clockwise from partner and into ballroom hold
- 4B Waltz 2 turns
- 32B Repeat

Version 07 July 2009

Walpole Cottage

Pat Shaw 1963. Written for the farewell party of Leonie Morris & Grace Meikle at Cecil Sharp House. "Walpole Cottage" was the name of their house in Chipstead, Surrey.

Formation: Lines of 3 facing lines of 3 in a circle around the hall

Music: Own tune. (4B + 48B) reels repeat, N.B. 4 bar intro is repeated each time.

4B Introduction... Lines of 3: Advance & retire

“Circular Strip the Willow”:

Centre people strip the willow working anti-clockwise, using right hand to elbow hold to each other and left hand to elbow hold to the other 4 people.

2B Centres Right-hand turn each other half way,

2B Left-hand turn opposite person who was originally diagonal right (opposite centre's left hand partner)

4B Centres Right-hand turn $\frac{3}{4}$ & Left-hand turn with next (opposite centre's right hand partner)

4B Centres Right-hand turn $\frac{3}{4}$ & Left-hand turn with next (own left hand partner)

4B Centres Right-hand turn $\frac{3}{4}$ & Left-hand turn with last (own right hand partner)

8B Corners: Right-hand star & Left-hand star

8B Lines of 3: Right shoulder reels of three (Centre and right hand partner pass right shoulders to start)

4B Lines of 3: Advance & retire

4B All: Circle left half way

4B Lines of 3: Advance & retire

4B Groups of three: Basket left $2\frac{1}{2}$ or $3\frac{1}{2}$ times – Finish facing new line of 3 in original direction

4+48B Repeat: Begin with the introduction each time

Abbreviations and Terminology

Balance set and turn partner	Slow quadrille setting, RLR lift L, LRL lift R, then walk an open two hand turn once around
Back to Back	Pass partner by right shoulder and back to place passing left shoulder (do-si-do)
Cast down	The couple move down one place (unless specified otherwise) by turning towards the top of the set and then away from partner first before curving into the position below. Cast up is the reverse - turn to the foot of the set etc.. Cast off is a similar movement to cast down, (turning away from partner) but continue, usually to the foot of the set or around the set (depending on shape)
Gypsy	Partners dance around each other clockwise, maintaining eye contact
LOD	Line of dance (anticlockwise around the room)
RH Star	All place R hand in centre and go around clockwise (also termed R Hands across in Scottish dancing) Also LH Star to left. The preferred hold is shake-hand hold with the person opposite.
Rs and Ls	Change places with opposite person by R shoulder, partner by L shoulder and repeat to places. No hands are given unless specified in the dance. (Half Rs and Ls is just to the halfway positions)
Set or Set once	Style varies: RLR then LRL. Set twice is 4 bars
Up and back a double	Facing up the set, take hands with partner and walk one bar forward and one back, e.g. RLR & together, RLR & together. The style and footwork varies.

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